

Aug/Sept 2017 Lions' Den Café Menu

Pricing: 23 days
 K - 5 \$3.70 \$85.10
 6 - 8 \$3.85 \$88.55
 Milk \$.60 \$13.80
 Extra entrée = \$2.50 Guest \$4.25



* All lunches include fruit and milk choices

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Monday	Tuesday	Wednesday	Thursday	Friday
28 –day 1 Oven Roasted Chicken Mashed Potato and Gravy Dinner Roll Crisp Apple Slices	29- day 2 Hamburger/Cheese burger Super Sweet Potato Wedges Cinnamon Applesauce Fresh Garden Bar	30-day 3 Walkn’ Tacos (black bean, corn, tomato salsa, cheese) Brown Rice Pilaf Perfect Pineapple Fresh Garden Bar	31- day 4 Crispy Chicken Nuggets Parsley Buttered Potatoes Green Beans Burstin’ Berries Fresh Garden Bar	1 <p style="text-align: center;">NO SCHOOL</p>
4 <p style="text-align: center;">NO SCHOOL</p>	5- day 5 Pasta w/ Marinara or Meat Sauce Garlic Breadstick Magnificent Mandarin Orange Fresh Garden Bar	6- day 6 Baked Potato Bar w/Chili Dinner Roll Bright Green Broccoli Mixed Fruit Medley Fresh Garden Bar	7- day 1 Quesadilla (Chicken/ Cheese) Radical Red Peppers Pineapple ,Mango& Melon Fresh Garden Bar	8- day 2 Beef Bulgogi(Korean BBQ Beef) Oven Baked Brown Rice Edamame Pretty Pears Fresh Garden Bar
11- day 3 <i>Happy Birthday Joe Nelson</i> Mac and Cheese w/ Fish Sticks Dinner Roll Golden Peaches Fresh Carrots Chef Choice Dessert	12- day 4 Hot dog Boy Oh Boy Baked beans Wacky Watermelon Fresh Garden Bar	13- day 5 Swedish Meatballs over WG Pasta Garlic Bread Strawberry Spinach Salad Mixed Fruit Medley Fresh Garden Bar	14- day 6 Chicken/Fish Soft Shell Tacos Cilantro Rice Tasty Tomatoes Groovy Grapes Fresh Garden Bar	15- day 1 Cheesy Bread w/ Marinara sauce Carrots & Celery w/ dip Orange Smiles Fresh Garden Bar
18 –day 2 Italian Style Pizza Cheese Italian Salad Power Pears	19- day 3 Oven Roasted Chicken Mashed Potato w/ Gravy Dinner Roll Crisp Apple Slices Fresh Garden Bar	20- day 4 Hamburger or Cheese burger Super Sweet Potato Wedges Cinnamon Applesauce Fresh Garden Bar	21- day 5 Walkin’ Tacos (lettuce, tomato, black bean, corn, tomato salsa, cheese) Mandarin Oranges Brown Rice Pilaf Fresh Garden Bar	22- day 6 <i>Happy Birthday Aubrey Lemon</i> Cinnamon French Toast Sausage Patties Oven Fried Potatoes Burstin’ Berries Chef Choice Dessert Fresh Garden Bar

25- day 1	26- day 2	27- day 3	28-day 4	29- day 5
Pasta w/Marinara or Meat Sauce Garlic Breadstick Magnificent Mandarin Orange	BBQ Pulled Pork Sandwich Mighty Mango Creamy Coleslaw Fresh Garden Bar	Baked Potato Bar w/ Chili Dinner Roll Bright Green Broccoli Mixed Fruit Medley Fresh Garden Bar	Quesadilla (Chicken/ Cheese) Radical Red Peppers Pineapple ,Mango& Melon Fresh Garden Bar	Beef Bulgogi (Korean BBQ Beef) Oven Baked Brown Rice Edamame Pretty Pears Fresh Garden Bar

Menus are subject to change based on availability of product.

Veggies may include: baby carrots, celery, cucumbers, grape tomatoes, jicama, broccoli, red onion, Edamame, zucchini, cauliflower or summer squash.

Fruits may include: apple, pear, banana, grapes, oranges, kiwi, blueberries, pineapple, mango, strawberries, or applesauce. All bread products are whole grain.

Birthday lunches are a Silent Auction item available for purchase at Grand Beginnings

This Institution is an equal opportunity provider and employer.