

Goals and Accomplishments for 2017-18

Health and Wellness

12/14/17 updated

Provide a Health and Wellness Fair for our school and parish communities.

How will this goal be accomplished and measured? NDA will track the number of organizations and the number of people who participate and compare it in future years.

NDA moved the flu shot clinic to the evening to align with the wellness fair and there was little interest in holding the fair this year from vendors. We did not hold it, but decided to do a focus month in January on wellness instead.

Provide a flu shot clinic to employees, parents, students and parishioners.

How will this goal be accomplished and measured? The number of participants will be tracked and measured year over year.

We offered the flu shot clinic during parent/teacher conferences and had over 30 participants. This was down from the previous year of 52 when we did it at the start of school in the morning.

Increase participation in our activity nights and events.

How will this goal be accomplished and measured? We will track the number of participants and speak with families on what they like and don't like about the events and adjust as needed.

NDA added a bowling event this year to its monthly activity nights and parents and students were happy with the event. We will consider keeping this in the fall.

Encourage more participation in Marathon.

How will this goal be accomplished and measured? NDA will continue to offer the event on a Friday, but will try to include participation in lunch for parents and to connect with the afternoon events to draw in more parents.

Marathon will be held in the spring and reported on following the event.

NDA will write some grants for health/wellness/PE related needs.

How will this goal be accomplished and measured? The principal will seek out grants related to wellness, PE, and our playground. The principal will write grants as things are available that fit the school's needs and that meet the grant guidelines.

NDA wrote a grant for our playground needs this year. We received a \$1,500 grant toward our playground updates. The first phase of the playground was completed and funds are being raised for phase 2.

Promotion of lunch program and less waste in the lunchroom.

How will this goal be accomplished and measured? The lunchroom and kitchen staffs will work to remind students about portion size by showing proper portions, evaluating the food left on their plates and measuring the waste a few times a year.

This year, we did a campaign on less waste and only taking what you will eat. Classes discarded food was weighed over the course of a week and students were awarded prizes for the lunch period that had the least amount of waste.

Portion sizes were highlighted through displays and posters.

We did a tasting of new foods this year to encourage trying new fruits or vegetables. Many students participated and we had a variety of things for them to try during the week.

Peanut Aware Campaign

How will this goal be accomplished and measured?

New signs were posted by the main office doors and the back door to remind parents that we are peanut aware at school. Notes were also sent home to families to remind them not to send nut products to school for snacks and lunches.

Spiritual wellness focus

How will this goal be accomplished and measured? Scores on the Acre test can be evaluated and the participation of the students and families in weekly Masses and activities and events that are spiritually focused.

To be determined

