## **Family Prayers**

**Prayer Opportunities:** Both of our parishes, <u>St. Gabriel's</u> and <u>Immaculate Heart of</u> <u>Mary</u> are currently posting daily and weekend Masses on their websites. This is a great way to have your family continue to pray together while at home. Father John is even praying the Divine Mercy Chaplet live on Facebook each day at 3:00pm!

**Litany In Time of Need:** Written locally, the Litany is prayed nationally on Relevant Radio at around 11:05am daily. Please tune in to station 1330AM. As a reminder, especially as Holy Week is upon us, we ask that you pause and join in this prayer. An online copy of the Litany that you can pray from your phone, computer, or tablet can be found here: <u>http://online.flipbuilder.com/tvlw/wqee/</u>.

**Prayer during a Pandemic:** May my family be protected from harm, misfortune and sadness. May we enjoy the privilege of spending time together to share joy and to be there for each other when there is need for comfort. May good health prevail and may there be faith in God's mercy and grace. Amen.

**Prayer during Covid 19:** Heavenly Father, We thank You for our healthcare workers who are tirelessly working at the frontline of the COVID-19 outbreak. Please protect them from this disease, O Lord. Bless them as they act as agents of Your healing hands, and give them the strength and wisdom to carry on amid these trying times. Amen.

**Spiritual Communion:** My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

**Prayer for Peace:** Heavenly Father, We pray today for peace in this world. There are a lot of unknowns for people right now and we pray that we lean on the known at all times. The known that you love us, care for us and will protect us. We pray for healing for anyone who has been affected by the virus. We pray for love to be shared amongst everyone. We pray that the times that we are spending with our families are the memories that we have from Covid-19, instead of fear and worry. Please bless our school community. Amen.

## **A Prayer for Our Uncertain Times**

May we who are merely inconvenienced remember those whose lives are at stake. May we who have no risk factors remember those most vulnerable.

May we who have the luxury of working from home remember those who must choose between preserving their health and making their rent.

May we who have the flexibility to care for our children when their schools close remember those who have no options.

May we who have to cancel our trips remember those who have no safe place to go. May we who are losing our margin money in the tumult of the economic market remember those who have no margin at all. May we who settle in for quarantine at home remember those who have no home. As fear grips our country, let us choose love.

And during this time when we may not be able to physically wrap our arms around each other, let us yet find ways to be the loving embrace of God to our neighbors. Amen.

by Fr. Michael Graham, S.J.

**A Prayer for Good Friday:** Father, As we gather together today, we remember the supreme sacrifice of our beautiful King, the Lord Jesus Christ. Led like a lamb to the slaughter, clothed in humility and grace, he willing offered himself to death so that we might live forever. We are truly thankful for the extent of his love, stretched out on a cruel wooden cross. We dwell on the pain he bore for us and are truly grateful for the forgiveness that he offers. As we worship and praise now, help us to live in the wonder of this goodness and marvel at his endless grace. Amen.

**Easter Prayer:** Jesus, you have overcome death and conquered every fear I could imagine. Help me to live each day remembering that You are alive, that You are bigger than anything or any situation, and that Your power is real. Jesus, you're my hero and I'm walking with You. Amen.

**Easter Prayer:** Risen Lord, the joyful message is that suffering and death were not the end. You rose triumphantly in a new and glorified body, opening the door for all who believe in You to do the same. Draw me in, dear Lord, to Your suffering and death so that I may also be drawn into the glory of Your Resurrection. Give me the courage You had as You endured so much. Help me to face the crosses in my life with Your strength. As I do, fill me with hope as I anticipate the new life You will bring from all sufferings united to You.

**Teacher's Prayer:** I want to teach my students how to live this life on earth, to face its struggles and its strife and improve their worth. Not just the lesson in a book or how the rivers flow, but how to choose the proper path wherever they may go. To understand eternal truth and know the right from wrong and gather all the beauty of a flower and a song. For if I help the world to grow in wisdom and in grace then I shall feel that I have won and I have filled my place. And so I ask Your guidance, God that I may do my part for character and confidence and happiness of heart. Amen.