

MAY 2024

NOTRE DAME ACADEMY

BREAKFAST



This school is an equal opportunity provider.

Menus are subject to change based on availability of product



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.



Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



YOGURT & GRANOLA
OR
CEREAL CART
STRING CHEESE
FRUIT
MILK OPTION

1

CROISSANT W/ JELLY
OR
CEREAL CART
FRUIT
MILK OPTION

2

BANANA CHOC CHIP MUFFIN
OR
CEREAL CART
FRUIT
MILK OPTION

3

MINI BAGELS W/ TOPPINGS
OR
CEREAL CART
FRUIT
MILK OPTION

6

BACON/EGG/CHEESE PIZZA
OR
CEREAL CART
FRUIT
MILK OPTION

7

BOSCO STICKS
OR
CEREAL CART
FRUIT
MILK OPTION

8

BACON/CHEESE EGG BAKE
TOAST
OR
CEREAL CART
FRUIT
MILK OPTION

9

EGGO WAFFLE W/ SYRUP
OR
CEREAL CART
FRUIT
MILK OPTION

10

BOSCO STICKS
OR
CEREAL CART
FRUIT
MILK OPTION

13

MINI BAGELS W/ TOPPINGS
OR
CEREAL CART
FRUIT
MILK OPTION

14

YOGURT & GRANOLA
OR
CEREAL CART
FRUIT
MILK OPTION

15

SHEETPAN CHOC CHIP
PANCAKES
OR
CEREAL CART
FRUIT
MILK OPTION

16

BACON/EGG/CHEESE PIZZA
OR
CEREAL CART
FRUIT
MILK OPTION

17

EGGO WAFFLE W/ SYRUP
OR
CEREAL CART
FRUIT
MILK OPTION

20

CROISSANT W/ JELLY
OR
CEREAL CART
FRUIT
MILK OPTION

21

BANANA CHOC CHIP MUFFIN
OR
CEREAL CART
SAUSAGE PATTY
FRUIT
MILK OPTION

22

BACON/CHEESE EGG BAKE
TOAST
OR
CEREAL CART
FRUIT
MILK OPTION

23

SHEETPAN CHOC CHIP
PANCAKES
OR
CEREAL CART
FRUIT
MILK OPTION

24

**NO SCHOOL
MEMORIAL DAY**

27

BOSCO STICKS
OR
CEREAL CART
FRUIT
MILK OPTION

28

YOGURT & GRANOLA
OR
CEREAL CART
FRUIT
MILK OPTION

29

MINI BAGELS W/ TOPPINGS
OR
CEREAL CART
FRUIT
MILK OPTION

30

EGGO WAFFLE W/ SYRUP
OR
CEREAL CART
FRUIT
MILK OPTION

31



This school is an equal opportunity provider.

Birthday lunches are a silent auction item available for purchase at Grand Beginnings.



Menus are subject to change based on availability of product.

Extra Entree: \$2.75
 Extra side: \$1.30
 Extra milk/cold lunch milk: \$0.65

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



CORN DOGS
 CORN MUFFIN
 ROMAINE & CARROTS
 FRUIT
 MILK OPTION **1**

CHEESY BREAD
 MARINARA SAUCE
 ROMAINE & PEAS
 FRUIT
 MILK OPTION **2**

HAMBURGER/CHEESEBURGER
 FRIES
 ROMAINE & CORN
 FRUIT
 MILK OPTION **3**

BAKED POTATO BAR
 CHILI
 ROMAINE & BROCCOLI
 DINNER ROLL
 FRUIT
 MILK OPTION
 BIRTHDAY TREAT **8**

Happy Birthday ADALYN!

CHICKEN NUGGETS
 TATER TOTS
 ROMAINE & PEAS
 FRUIT
 MILK OPTION **9**

GRILLED CHEESE
 TOMATO SOUP
 ROMAINE & CARROTS
 FRUIT
 MILK OPTION
 BIRTHDAY TREAT **10**

Happy Birthday RAY!

CHICKEN GRAVY
 MASHED POTATOES
 ROMAINE & CORN
 FRUIT
 MILK OPTION **15**

SPAGHETTI
 MEAT SAUCE
 BREADSTICK
 ROMAINE & CUCUMBERS
 FRUIT
 MILK OPTION **16**

WALKING TACOS
 CILANTRO LIME RICE
 ROMAINE & CARRROTS
 FRUIT
 MILK OPTION **17**

CHEF SALAD BAR
 CHICKEN NOODLE SOUP
 DINNER ROLL
 FRUIT
 MILK OPTION **22**

BAKED POTATO BAR
 CHILI
 ROMAINE & BROCCOLI
 FRUIT
 MILK OPTION **23**

BEEF/CHEESE NACHO BAR
 TORTILLA CHIPS
 ROMAINE & OLIVES
 FRUIT
 MILK OPTION **24**

CORN DOGS
 CORN MUFFIN
 ROMAINE & CARROTS
 FRUIT
 MILK OPTION **29**

FRENCH BREAD PIZZA
 ROMAINE & EDAMAME
 FRUIT
 MILK OPTION **30**

NDyAy DAY!
 TURKEY & BACON SUB
 CHIPS
 CARROTS
 FRUIT
 MILK OPTION **31**

CHEF SALAD BAR
 CHICKEN NOODLE SOUP
 DINNER ROLL
 FRUIT
 MILK OPTION **6**

CHICKEN BOOM BOOM
 CHIPS
 ROMAINE, PICKLES, BLACK OLIVES
 FRUIT
 MILK OPTION **7**

FRENCH BREAD PIZZA
 ROMAINE & EDAMAME
 FRUIT
 MILK OPTION **13**

TURKEY & BACON SUB
 CHIPS
 ROMAINE & TOMATOES
 FRUIT
 MILK OPTION **14**

CHICKEN & CHEESE
 QUESADILLA
 REFRIED BEANS
 ROMAINE & CARRROTS
 FRUIT
 MILK OPTION **20**

HAMBURGER/CHEESEBURGER
 FRIES
 ROMAINE & CORN
 FRUIT
 MILK OPTION **21**

**NO SCHOOL
 MEMORIAL DAY** **27**

CHEESY BREAD
 MARINARA SAUCE
 ROMAINE & PEAS
 FRUIT
 MILK OPTION **28**

JUNE 2024

NOTRE DAME ACADEMY

BREAKFAST



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June is National Dairy Month! Complete your meal with a cup of fat-free or low-fat milk. You will get the same amount of calcium and other essential nutrients as whole milk but fewer calories. Don't drink milk? Try a soy beverage (soymilk) as your drink or include low-fat yogurt in your meal or snack.

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



National Egg Day

BACON/EGG/CHEESE PIZZA
OR
CEREAL CART
FRUIT
MILK OPTION

3

BISCUITS / CROISSANT
OR
CEREAL CART
FRUIT
MILK OPTION

4

YOGURT & GRANOLA
OR
CEREAL CART
FRUIT
MILK OPTION

5

LAST DAY OF SCHOOL!

MINI BAGELS W/ TOPPINGS
OR
CEREAL CART
FRUIT
MILK OPTION

6

7

10

11

12

13

14

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18

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26

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28

JUNE 2024

NOTRE DAME ACADEMY



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Birthday lunches are a silent auction item available for purchase at Grand Beginnings.



Nutrition Tip: Yogurt can be eaten in lots of fun ways. It can be made into a dip for fruits or veggies, used as a base for sauces or substituted for sour cream to top off your taco or baked potato. Try using yogurt in a smoothie to celebrate National Smoothie Day on June 22.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



CHICKEN BOOM BOOM
SALAD BAR
FRUIT
MILK OPTION

3

PRETZELS
CHEESE SAUCE
DICED HAM
SALAD BAR
FRUIT
MILK OPTION

4

HAM/CHEESE SANDWICH
SALAD BAR
CHIPS
FRUIT
MILK OPTION

5

LAST DAY OF SCHOOL!
BOSCO STICKS
MARINARA SAUCE
SALAD BAR
FRUIT
MILK OPTION

6

7

10

11

12

13

14

17

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21

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28