MAY 2025





This institution is an equal opportunity provider.





Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



MONDAY BACON/EGG/CHEESE PIZZA **BOSCO STICKS** OR OR CEREAL CART CEREAL CART **FRUIT** FRUIT MILK OPTION MILK OPTION WAFFLES W/ SYRUP SAUSAGE/PANCAKE ON A STICK CINNAMON/BROWN SUGAR-YOGURT & GRANOLA FRENCH TOAST STICKS 9 OR OR **OATMEAL ROUND** OR OR CEREAL CART CEREAL CART OR CEREAL CART **CEREAL CART** FRUIT **FRUIT FRUIT CEREAL CART FRUIT** MILK OPTION MILK OPTION MILK OPTION MILK OPTION **FRUIT** MILK OPTION **PANCAKES** WAFFLES W/ SYRUP MINI BAGELS W/ TOPPINGS YOGURT & GRANOLA BACON/EGG/CHEESE PIZZA OR OR OR OR OR **CEREAL CART** CEREAL CART CEREAL CART **CEREAL CART CEREAL CART FRUIT FRUIT FRUIT FRUIT FRUIT** MILK OPTION MILK OPTION MILK OPTION MILK OPTION MILK OPTION WAFFLES W/ SYRUP SAUSAGE/PANCAKE ON A STICK HORMEL HAM, EGG, CHEESE BAR YOGURT & GRANOLA FRENCH TOAST STICKS OR OR OR OR OR CEREAL CART **CEREAL CART CEREAL CART CEREAL CART CEREAL CART FRUIT FRUIT FRUIT FRUIT FRUIT** MILK OPTION MILK OPTION MILK OPTION MILK OPTION MILK OPTION MINI BAGELS W/ TOPPINGS **PANCAKES BOSCO STICKS** BACON/EGG/CHEESE PIZZA **Memorial Day** 26 28 OR OR OR OR **CEREAL CART CEREAL CART** CEREAL CART **CEREAL CART NO SCHOOL FRUIT FRUIT FRUIT FRUIT** MILK OPTION MILK OPTION MILK OPTION MILK OPTION

MAY 2025







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Birthday lunches are a silent auction item available for purchase at Grand Beginnings.

*Denotes whole grain or whole grain rich items



Menus are subject to change based on availability of product.

Extra Entree: \$2.85 Extra side: \$1.40

Extra milk/cold lunch milk: \$0.70



MONDAY

TUESDAY



THURSDAY

BAKED POTATO BAR DICED HAM *DINNER ROLL ROMAINE & BROCCOLI **FRUIT** MILK OPTION

GF



*FRENCH BREAD PIZZA

CHICKEN TERIYAKI *RICE BREADSTICK **ROMAINE & EDAMAME FRUIT**

MILK OPTION

GF

GF

*CHEESY BREAD MARINARA DIPPING SAUCE **ROMAINE & CARROTS FRUIT** MILK OPTION

GF

*HOT DOG W/ BUN CHIPS **BAKED BEANS** ROMAINE **FRUIT** MILK OPTION

GF

*CHICKEN PATTY ON A BUN TATER TOTS **ROMAINE & TOMATOES FRUIT** MILK OPTION

TATER TOTS

MILK OPTION

FRUIT

CORN DOG CORN MUFFIN

CORN **ROMAINE**

FRUIT

MILK OPTION

ROMAINE & CORN FRUIT MILK OPTION **B-DAY TREAT**



Happy Birthday EMERSYN W.

*HAMBURGER/CHEESEBURGER FRENCH FRIES **ROMAINE & CARROTS FRUIT** MILK OPTION Happy Birthday **B-DAY TREAT** ADALYN F.GE

*BOSCO STICKS MARINARA SAUCE SALAD BAR **FRUIT** MILK OPTION

*BEEF NACHOS CHEESE SAUCE **BLACK BEANS FRUIT**

ROMAINE & TOMATOES MILK OPTION

14

GF

*CHICKEN NUGGETS **ROMAINE & CARROTS**

HAM/CHEESE SLIDER CHIPS ROMAINE **CARROTS FRUIT**

MILK OPTION

GF

CHICKEN & CHEESE OUESADILLA REFRIED BEANS ROMAINE & CUCUMBERS FRUIT MILK OPTION

*HOT DOG W/ BUN **CHIPS BAKED BEANS ROMAINE FRUIT** MILK OPTION

GF

WALKING TACOS *RICE **ROMAINE & BLACK BEANS FRUIT** MILK OPTION **B-DAY TREAT**

*PENNE MEAT SAUCE **BREADSTICK ROMAINE & CUCUMBERS FRUIT** MILK OPTION

PRETZELS CHEESE SAUCE SALAD BAR DICED HAM **FRUIT** MILK OPTION

Memorial Day

NO SCHOOL

BAKED POTATO BAR DICED HAM *DINNER ROLL **ROMAINE & BROCCOLI FRUIT** MILK OPTION

GF

*CHICKEN PATTY ON A BUN TATER TOTS **ROMAINE & TOMATOES FRUIT** MILK OPTION

GF

*CHEESY BREAD MARINARA DIPPING SAUCE **ROMAINE & CARROTS FRUIT** MILK OPTION

GF

*TURKEY, BACON SUB **ROMAINE & TOMATOES PICKLES CHIPS FRUIT** MILK OPTION GF

30

GF

JUNE 2025





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June is National Dairy Month! Complete your meal with a cup of fat-free or low-fat milk. You will get the same amount of calcium and other essential nutrients as whole milk but fewer calories. Don't drink milk? Try a soy beverage (soymilk) as your drink or include low-fat yogurt in your meal or snack.

Reference: USDA MyPlate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S CHOICE OR CEREAL CART FRUIT MILK OPTION	CHEF'S CHOICE OR CEREAL CART FRUIT MILK OPTION	CHEF'S CHOICE OR CEREAL CART FRUIT MILK OPTION	5	6
9	10	11	12	13
14	15	16	17	18
21	22	23	24	25
30				

JUNE 2025







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Denotes whole grain of whole grain herricans					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
CORN DOG CORN MUFFIN ROMAINE & CORN FRUIT MILK OPTION	*FRENCH BREAD PIZZA EDAMAME ROMAINE CARROTS FRUIT MILK OPTION	*BOSCO STICKS MARINARA SAUCE ROMAINE CARROTS FRUIT MILK OPTION	5	6	
			12	13	
14	15	16	0	18	
21	22	23	24	25	
30		Notre Inna Acas Mathleagu			